

Jennifer M. Gess

Ph.D., LPC, NCC
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EDUCATION

Idaho State University Meridian, Idaho
Ph.D. in Counselor Education and Counseling 2016
CACREP-accredited program
Cumulative GPA: 4.0/4.0
Dissertation: *Queering Counselor Education: Situational Analysis of LGBTQ+ Competent Faculty*

Seattle University Seattle, Washington
M.A. in Community Counseling 2011
CACREP-accredited program
Cumulative GPA: 4.0/4.0
Graduate Project: *Intersection of Identities for Lesbian and Gay-identified Individuals*

University of Washington Bothell, Washington
B.A. in Community Psychology 2007
Cumulative GPA: 3.64/4.0
Thesis: *Social Justice in Multicultural Families*

LICENSURE

Licensed Professional Counselor: LPC5438
National Certified Counselor: 300770
Professional Association of Therapeutic Horsemanship Equine Facilitated Therapist

TEACHING EXPERIENCE

Walden University Remote
Core Faculty – Marriage, Couples, and Family Program 2016 – present
COUN 6024M-9F – Advisor
COUN 6101F-6 – Foundations in Counseling
COUN 6346F-3 – Child and Adolescent Counseling
COUN 6723F-2 – Multicultural Counseling
COUN 6361F-2 – Human Sexuality
COUN 6333/8333-2 – Vicarious Trauma

Walden University Remote
Contributing Faculty – Marriage, Couples, and Family Program 2016 – 2016
COUN 6723F 2 – Multicultural Counseling
COUN 6101F 6 – Foundations in Counseling

Idaho State University Meridian, Idaho
 Full Graduate Student Instructor 2013-2016
 COUN 6659 - Counseling LGBTQ+ Clients

Idaho State University Meridian, Idaho
 Graduate Student Co-Instructor 2013-2016
 COUN 6696 - Conceptualizing Theories
 COUN 6628 - Application of Theories
 COUN 6694 - Psychodiagnosis and Psychotropic Drugs (distance learning)
 COUN 6692 - Continuum of Care (distance learning)
 COUN 6690 - Foundations of Clinical Mental Health Counseling
 COUN 6621 - Professional Orientation and Ethics
 COUN 6624 - Cultural Counseling
 COUN 6659 - Human Sexuality
 COUN 6691 - Professional Issues in Counseling
 COUN 6676 - Facilitated Small Group
 COUN 6696 - Pre-practicum Counseling Techniques
 COUN 6697/6698 - Counseling Practicum/Internship Supervision

Idaho State University Meridian, Idaho
 Graduate Student Guest Lecturer 2013-2016
 COUN 8848/9 - Doctoral Lab (distance learning) (doctoral class)
 COUN 7727 - Advanced Theories (distance learning)
 COUN 7724 - Advanced Diversity (distance learning) (doctoral class)
 COUN 6630 - Addictions Counseling (distance learning)

College of Idaho Caldwell, Idaho
 Full Graduate Student Instructor 2015
 COUN 4491 - Introduction to Counseling

Highline Community College Burien, Washington
 Full Instructor 2010-2011
 ABE 019 - Life Skills

Isai Ambalam Auroville, India
 Full Instructor 2007-2008
 Culture, History, and Wellness

SUPERVISION

Idaho State University Meridian, Idaho
 Supervisor 2013 – 2016

Individual and Triadic Supervision

- Provided individual and triadic supervision using the Discrimination Model from a feminist theoretical lens for Clinical Mental Health Master Counseling Students.
- Provided live supervision as needed.

Pre-practicum Counseling Techniques – COUN 6696

- Provided individual and group live supervision to students practicing counseling skills.
- Utilized the Discrimination Model from a feminist theoretical lens.

Counseling Practicum/Internship Supervision – COUN 6697/6698

- Provided group facilitation to counseling students in mental health counseling practicum and internship.
- Co-facilitated group feedback as counseling students developed counseling theories, presented video of counseling skills, and prepared for oral examination.

SCHOLARSHIPS AND GRANTS

Idaho Community Foundation Grant, 2016 (*Jarvis, C., & Gess, J.*) (\$750)

Idaho Counseling Association Advocacy “Pass It On” Award, 2016

Chi Sigma Iota Idaho State University Chapter Outstanding Research Award, 2016

American Veterinary Medical College/Association for Prevention Teaching and Research One Health Educational Framework, 2015 (*L. Stewart, H. McKinley, & J. Gess*) (\$1,000)

Association of Counselor Education and Supervision Research Grant, 2015 (\$1,500)

Rocky Mountain Association of Counselor Education and Supervision Dissertation Award, 2015 (\$250)

Pride Foundation Grant, 2015 (*denied*) (Requested amount: \$13,800)

National Board of Certified Counselors Minority Fellowship Program Scholarship, 2014-2015 (\$20,000)

Association of Counselor Education and Supervision Research Grant, 2014 (\$1,500)

SCHOLARSHIP

Published

Peer-reviewed Journals

5. **Gess, J.** (2016). Social justice in counselor education: Teaching advocacy across the core. *Journal of Counseling Leadership and Advocacy*. 3(2).
4. **Gess, J.** (2016). Ally development of a Mormon counseling student in supervision: The intersection of sexual orientation and religion. *Journal of LGBT Issues in Counseling*, 10(2).
3. L. Stewart, H. McKinley, & **J. Gess.** (2016). More than just companions: The role of animal assisted therapy in prevention, health, and wellness. American Veterinary Medical

College/Association for Prevention Teaching and Research One Health Educational Framework. Retrieved from <http://www.aavmc.org/one-health/case-studies.aspx>

2. Speciale, M., Gess, J., and Speedlin, S. (2016). Femme invisibility: Promoting awareness and respect for queer faculty in counselor education. *Journal of LGBT Issues in Counseling, 10*(1).

Book Activity

1. Gess, J. (2016). Becoming a LGBTQQIA competent, ethical counselor. In M. Luke & K. Goodrich (Eds.), *Group Work Experts Share Their Favorite Activities for Supervision*.

Submitted

1. Gess, J., & Doughty Horn, E. A. (2016). Queering counselor education: Situational analysis of LGBTQ+ competent faculty.

Research in Progress

1. Gess, J. (2016). Feminist counseling with transgender youth.

Non Peer-reviewed Publications

5. Gess, J. (2016). Supporting our transgender students. *Idaho Statesman*. May 17, 2016.
4. Gess, J. (2016). Supporting our transgender students. *Mountain Express*. June 1, 2016.
3. Gess, J. (2015). Idaho Association of LGBT Issues in Counseling: Providing LGBTQ+ advocacy in rural communities. *Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling Newsletter*. Fall 2015.
2. Gess, J. (2014). Gay in Idaho: Advocating in conservative states. *Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling Newsletter*. Summer 2014.
1. Gess, J. (2013). EmPOWERment in South King County: Innovative youth group builds community and saves lives. *Seattle Gay News, 41*(20).

Professional Presentations

International

36. Gess, J., & Luke, M. (2016). Facilitating empowering and affirming LGBTQQIA youth groups. American Counseling Association Conference: Montreal, Canada.

National

35. Langellier, K., Destler, D., & Gess, J. (2016). Be a transgressor: Feminist counseling to empower transgender children. Association of LGBT Issues in Counseling Conference: San Antonio, TX.
34. Gess, J. (2016). Trans affirmative parenting. Association of Family Conciliation and Courts: Seattle, WA.
33. Gess, J., & Hittner, J. (2015). Transformative experiences of a study abroad: Perspectives from a professor and a student. Association of Counselor Education and Supervision Conference: Philadelphia, PA.
32. Speciale, M., Speedlin, S., & Gess, J. (2015). You don't look like a lesbian: Femme invisibility in academia. Association of Counselor Education and Supervision Conference: Philadelphia, PA.
31. Wagner, H., Gess, J., & LaMantia, K. (2015). Broaching the topic of LGBTQ competencies with conservative counseling students. Association of Counselor Education and Supervision Conference: Philadelphia, PA.
30. Gess, J., & Viehl, C. (2015). LGBTQ competence within counselor education. National Board of Certified Counselors (NBCC) Symposium: Raleigh, NC.
29. Gess, J., Speedlin, S., & Speciale, M. (2015). You don't look like a lesbian: Promoting awareness and respect for women in academia. American Counseling Association Annual Conference: Orlando, FL.
28. Moody, S., Stewart, L., Gess, J., Langellier, K., & Salazar, B. (2015). Phi Omicron Chi: Idaho State University Chapter. American Counseling Association Annual Conference: Orlando, FL.
27. LaMantia, K., Wagner, H., & Gess, J. (2014). LGBTQ competencies in counselor education. Association of LGBT Issues in Counseling Conference: New Orleans, LA.
26. Gess, J., & Lister, K. (2014). LGBTQ youth group. Association of LGBT Issues in Counseling Conference: New Orleans, LA.
25. Gess, J., Lister, K., & Mobley, K. (2014). LGBTQ youth suicide. American Mental Health Counseling Association: Seattle, WA.

Regional

24. Gess, J., & Lister, K. (2014). Providing a safe space for LGBTQ clients. Rocky Mountain Association of Counselor Education and Supervision Conference: Jackson, WY.
23. Gess, J., Kerwin, A., Doughty Horn, E. A., & Crews, J. (2014). Grief and loss of families with LGBTQ members. Rocky Mountain Association of Counselor Education and Supervision Conference: Jackson, WY.

22. **Gess, J., & Lister, K.** (2014). LGBTQ competencies in counselor education. Western Association of Counselor Education and Supervision Conference: Anaheim, CA.
21. **Gess, J., Lister, K., & Letourneau, J.** (2014). Grief and loss of families with LGBTQ members. Western Association of Counselor Education and Supervision Conference: Anaheim, CA.

State

20. **Gess, J.** (2017). LGBTQ+ Affirmative Counseling. Idaho Conference on Alcohol and Drug Dependency. Boise, Idaho.
19. **Gess, J. & Lange, J.** (2017). IALGBTIC LGBTQ+ panel. Idaho Counseling Association Conference: Boise, ID.
18. **Gess, J. & Krafft, B.** (2016). IALGBTIC LGBTQ+ panel on LGBTQ+ affirmative counseling. Idaho Counseling Association Conference: Boise, ID.
17. **Lange, J., & Gess, J.** (2016). Understanding trauma: Transcending gender through the PTSD diagnosis. Idaho Counseling Association Conference: Boise, ID.
16. **Chehey, D., Gess, J., & Stewart, J.** (2015). Beyond tolerance: Assessing and advocating for LGBTQ youth. Idaho School Counseling Association: Boise, ID.
15. **Lister, K., Gess, J., Avery, D., & DeLeon, A.** (2015). LGBTQ+ suicide training. Idaho Counseling Association Conference: Boise, ID.
14. **Gess, J., Lister, K., Reilly, B., & Wells, P.** (2014). Safe Zone Training: Serving our LGBTQ community. Idaho Counseling Association Conference: Pocatello, ID.
13. **Gess, J., & Reilly, B.** (2014). LGBTQ affirmative counseling. Idaho Counseling Association Conference: Pocatello, ID.
12. **Ratts, M., Gess, J., Hawes, J., Kathleen, S., & Cantwell, C.** (2011). Counselors for Social Justice Safe Space Training Workshop. Washington School Counselors Association Conference: Vancouver, Washington.

Professional Development Workshops

11. **Gess, J.** (2017). LGBTQ+ Affirmative Counseling. Big Brothers, Big Sisters. Boise, Idaho.
10. **Gess, J.** (2016). Leadership Development Institute. Idaho Counseling Association: Cascade, Idaho.
9. **Gess, J.** (2016). Safe Zone Training. Idaho State University: Meridian, Idaho.

8. **Gess, J.** (2015). Safe Zone Training. Idaho State University: Meridian, Idaho.
7. **Gess, J.** (2015). Safe space for transgender students in K-12 schools. Vallivue School District: Nampa, Idaho.
6. **Gess, J.** (2014). Safe Zone Training. Idaho State University: Meridian, Idaho.
5. **Gess, J.** (2014). LGBT Youth Leadership Program. Safe Schools Coalition: Boise, Idaho.
4. **Gess, J.** (2014). (2013-2014). Serving LGBTQ individuals workshop. King County Library Systems: Seattle, Washington; Leadership Tomorrow at Microsoft: Redmond, Washington; Highline School District: Burien, Washington.
3. **Gess, J.** (2010). Let's talk about being queer. Center High School: Seattle, Washington.
2. **Gess, J.** (2010). Introduction to Highline Community College for WorkFirst and Women's Program students. Highline Community College: Highline, Washington.
1. **Gess, J.** (2007). Intersection of religion and sexual orientation. University of Washington: Bothell, Washington

INTERNATIONAL

Study Abroad with *Winona State University*. Antigua Valley, Guatemala. May 2014

German Language School. Berlin, Germany. June – August 2008.

Study Abroad with *University of Washington*. Auroville, India. December 2007 – May 2008

PROFESSIONAL SERVICE

Idaho Counseling Association	Idaho
President	2016-present
<ul style="list-style-type: none"> • Oversea and advise seven divisions and 12 committees • Preside and manage monthly board meetings • Speak/write on behalf of counselors to legislators, government representatives, and the licensing board. • Attend the annual ACA conference, Regional Meetings, Institute for Leadership Training, and state division conferences. • Plan and facilitate the Leadership Development Institute 	
Association of LGBT Issues in Counseling	Virtual
Exhibitor Conference Chair	2015-present
<ul style="list-style-type: none"> • Identify and solicit potential exhibitors • Secure and coordinate exhibitors • Manage all aspects of exhibitors participation before, during, and after the conference • Participate in monthly conference calls 	

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Journal for Specialists in Group Work	Virtual
Peer Reviewer	2016-present
<ul style="list-style-type: none"> • Edit and review journal articles • Provide feedback for editor and author(s) 	
American Civil Liberties Union of Idaho	Idaho
Advocate	2016-present
<ul style="list-style-type: none"> • Advocating for gender marker change on birth certificates 	
Trans Network	Idaho
Board Member	2016-present
<ul style="list-style-type: none"> • Advocate for transgender equality in Idaho through resources and education • Assist with building a resource webpage 	
Idaho Association of LGBT Issues in Counseling	Idaho
President	2013-2016
<ul style="list-style-type: none"> • Developed <i>IALGBTIC Safe Space Training</i> based on evidence-based research. • Facilitate <i>Train-the-trainers Safe Space Training</i>. • Provide free <i>Safe Space Trainings</i> for counselors and other helping professionals. • Formulate, manage, and monitor LGBTQ+ resources for website, including <i>Local LGBTQ+ Competent Resources</i>. • Facilitate quarterly meetings. • Facilitate free LGBTQ+ advocacy community events. 	
Chi Sigma Iota	Boise, ID
Assistant Faculty Advisor	2015-2016
<ul style="list-style-type: none"> • Support and mentor the CSI Board. • Collaborate with local organizations to provide volunteer services. • Participate in regular meetings. 	
Jennifer Gess Consulting and Counseling	Boise, ID
Advocate	2013-present
<ul style="list-style-type: none"> • Facilitate educational trainings on transgender children and youth. • Advocate and consult on behalf of transgender children and youth in schools and custody battles. • Facilitate quarterly <i>Safe Space Trainings</i>. 	
Shriner's Hospital for Children	Boise, ID
Counselor	2015
<ul style="list-style-type: none"> • Provide brief counseling for families with children with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate. 	
Community Health Screening	Boise, ID
Supervisor	2013-2015

- Provide supervision for counselors-in-training providing Motivational Interviewing for low-income community members.

Out in Front (LGBT Leadership Program) Seattle, WA
Mentee 2012 - 2013

- Developed effective, engaged, and passionate leadership skills.
- Expanded leadership skills through community organizing, intracommunity diversity, legislative advocacy, public speaking, movement building and sustainable action.
- Developed skills around issues of equality and social justice.

Domestic Abuse Women's Network Seattle, WA
Crisis line operator 2009 - 2010

- Provided advocacy counseling over the 24-hour hotline, providing service to domestic violence survivors, including intervention, safety plans, and referrals.

Isai Ambalam School Tamil Nadu, India
Teacher/Advocate 2007 - 2008

- Taught English as a Second Language and international awareness to nine to twelve-year old students.
- Developed educational classroom curriculum with topics including English, Indian and American culture, self-care, problem solving and communication skills which emphasize mental, emotional and physical wellness.

Ryther Child Center (Outpatient Center for Abused Children) Seattle, WA
Mentor 2007 - 2008

- Provided one-to-one mentorship, including emphasizing mental, emotional, and physical wellness.
- Mentored with issues surrounding sexual assault, domestic violence, family abuse, issues with trust, loss and grief, race, class and personal wellness.

CLINICAL EXPERIENCE

Jennifer Gess Consulting and Counseling Boise, ID
Consultant and Counselor 2013 - present

- Provide counseling services for transgender children, youth, and families.
- Supervise using a multicultural, strengths-based lens
- Developed and provided trainings on LGBTQ+ youth groups, including starting Gay-Straight Alliances.
- Developed and provided trainings on LGBTQ+ competency, education and advocacy for King County Library Systems, Microsoft, and Highline School District.
- Developed and provided curriculum for LGBTQ+ youth groups.

Idaho State University Boise, ID
Counseling Clinic Coordinator 2013 - 2016

- Provide weekly individual and triadic supervision for 4-7 Master-level counseling students.
- Facilitate group supervision.
- Provide administrative services for clinic.

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- Supervise Motivational Interviewing station at Community Health Screenings.
- Provide HIV results at Community Health Screenings.

Navos Mental Health Solutions Seattle, WA
 Program Co-founder 2011 - 2013

- Founder and facilitator of POW (Proud Out Wonderful), Navos' LGBT youth program.
- Managed and monitored operations, including group facilitation, consultations, and trainings.
- Developed curriculum based on evidence-based research.
- Provided LGBT resources and case management services to diverse members.
- Collected data related to the unmet needs of local LGBT youth.
- Supervised co-facilitator and interns weekly to develop program effectively.

Navos Mental Health Solutions Seattle, WA
 Child and Family Therapist 2012 - 2013

- Provided counseling services to diverse youth, families and groups.
- Provided short-term, long-term and crisis counseling sessions.
- Developed culturally and developmentally appropriate treatment plans.
- Counseled diverse populations in issues surrounding depression, anxiety, relationships, family issues, trauma, violence, identity, self-esteem, internalized homophobia, and transphobia.

Seattle Counseling Service Seattle, WA
 Counseling Intern Therapist 2010 - 2011

- Provided counseling services to individuals, couples, families and groups.
- Provided short-term, long-term and crisis counseling sessions.
- Developed culturally and developmentally appropriate treatment plans.
- Counseled diverse populations in issues surrounding gender, sexual orientation, loss and grief, race, class, personal wellness, spirituality and internalized homophobia and transphobia.
- Accomplished two intakes per week, including preliminary diagnoses.

Highline Community College Des Moines, WA
 WorkFirst and Women's Programs Life Skills Instructor 2009 – 2010

- Instructed and managed WorkFirst LifeSkills class using Angel Instructional Resource.
- Developed educational classroom curriculum with topics including resume writing, interviewing for jobs, personality types, self-care, problem solving and communication skills.

Catholic Community Services Seattle, WA
 Women's Advocate 2008 – 2010

- Provided service to homeless adult women, including working with mentally ill women, clients with addiction issues, and women fleeing situations involving domestic violence.
- Provided client intake, clinical assessment, and established treatment goals.

- Provided brief advocacy counseling with diverse populations in issues surrounding homelessness, gender, sexual orientation, loss and grief, race, culture, class, personal wellness, spirituality and internalized homophobia and transphobia.

PROFESSIONAL MEMBERSHIP

American Counseling Association	2009 - present
Association for Counselor Education and Supervision	2013 - present
Association of Family Conciliation and Courts	2015 - present
Professional Association of Therapeutic Horsemanship International	2014 - present
American Mental Health Counselors Association	2013 - present
Counselors for Social Justice	2013 - 2016
Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling	2009 - present
Chi Sigma Iota National Honor Society for Counseling	2011 - present
Idaho Counseling Association	2013 - present
Idaho Association for LGBT Issues in Counseling	2013 - present
Idaho Association for Counselor Education and Supervision	2013 - present
Idaho Mental Health Counselors Association	2013 - present
Safe Schools Coalition	2013 - 2016

COMMITTEES

<i>Idaho Counseling Association, President</i>	2016 - present
<i>Association of LGBT Issues in Counseling, Conference Committee</i>	2015 - present
<i>Association of Specialists in Group Work, Grant Review Committee</i>	2014 - present
<i>Idaho Association of LGBT Issues in Counseling, Past President</i>	2014 - 2016
<i>Idaho Counseling Association, Public Policy and Legislation Committee</i>	2015 - 2016
<i>Safe Schools Coalition, Facilitator</i>	2013 - 2014
<i>Ingersoll Gender Center – Subcommittee</i>	2012 - 2013
<i>Seattle University Counselors for Social Justice, Seattle University, Advocate</i>	2010 - 2012
<i>Gay Straight Alliance, Center High School, Facilitator</i>	2010 - 2011
<i>Seattle/King County Coalition on Homelessness Task Force, Advocate</i>	2009 - 2011

PROFESSIONAL DEVELOPMENT

- Regularly attends all national, regional, and state professional counseling conferences.
- Regularly attends all national and regional professional counselor education conferences.
- National Board of Certified Counselors (NBCC) Foundation Symposium on Bridging the Gap in Mental Health Disparities, 2015
- Professional Association of Therapeutic Horsemanship Equine Specialist in Mental Health and Learning, 2015
- Leadership Development Institute with Idaho Counseling Association, 2014, 2015
- National Institute on Minority Health and Health Disparities, 2014
- National Board of Certified Counselors (NBCC) Mental Health Facilitator Training – Masters Training, 2014
- Out in Front LGBTQ Leadership training, 2012-2013
- Safe Schools Coalition Training, summer 2012

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- Washington School Counselors Association Conference, spring 2011
- Gestalt Associates Training Group, Bob and Rita Resnick, 2010
- Evolution of Psychotherapy Conference, fall 2009
- Domestic Violence Advocate 36-hour Workshop, spring 2009